



Miles in Motion Active for Life



Instructions: 1. Log your miles. 2. Keep a copy for your records. 3. Submit to SHF by Dec 1. 4. Submit all at once or as you progress. 5. SHF keeps track of total KM's logged. 6. Recognition awards at 100 KM, 200 KM & 300 KM

Name: _____ SHF #: _____

Address: _____ City/Town: _____

Postal Code: _____ Email: _____ Phone: _____

Check One: Riding Driving

Check One: Under 13 14 and Over

Recognition Awards: Riding awards and driving awards are separate categories and broken into two age groups (Under 13 or 14 and Over). Highest KM's Recorded for each category are presented at the Annual Awards Banquet.

Credits: Trail rides/drives or pleasure rides/drives: 5km/kr travelled or total KM's for each event.

Date	Horse's Name	Event	KM Credits	MiM Credits

Email completed forms to:
shfadmin@sasktel.net

Mail completed forms to:
Saskatchewan Horse Federation
2205 Victoria Ave, Regina, SK, S4P 0S4

Fax completed forms to:
306-525-4009