



English Competition Coach Lesson Plan Topics – Approved List

The following Topics may be used for the English Competition Coach Flat Topic

IMPROVE

- Progressive Transitions
- Riding a horse on contact between leg and hand
- Change of lead through trot
- Lengthen Stride at the trot
- Lengthen Stride at the canter
- A 3 loop serpentine
- Leg Yield
- The horse's lateral suppleness
- 15 meter circles

The following Topics may be used for the English Competition Coach Jump Topic

IMPROVE

- Riding a Line of two fences with related distance
- Riding a turn to a fence on the diagonal
- Riding a combination (1 or 2 non jumping strides)
- Eye and stride control at canter over poles
- Riding a gymnastic of three or more elements using a crest release
- Riding a single oxer on the diagonal