



Western Instructor Lesson Plan Topics – Approved List

The following Topics may be used for the Western Instructor of Beginner Unmounted Lesson

- Grooming Procedure
- Basic Horse Handling
- Bridling – proper fitting and technique
- Saddling – proper fitting and technique
- Hoof Care
- Tying a Horse
- Bandaging (stable, shipping, tail)

The following Topics may be used for the Western Instructor of Beginner Mounted Lesson

- Introducing the Walk
- Introducing the Jog
- Introducing the Lope
- Mounting/Dismounting Safely
- Speed Control
- Body Position
- Stop
- Back up
- Circling
- Rein Effects
 - Open rein, direct rein, indirect rein, rein of opposition
- Introducing Leg Yielding
- Posting Trot
- Correct Diagonals
- Identifying leads at the lope
- Introducing turn on the forehand
- Introducing turn on the haunches
- Figure 8

Use of games and props is encouraged