

LEARN TO RIDE - ENGLISH

LEVEL 1 RUBRIC

A PRACTICAL HORSE KNOWLEDGE		
No.	Requirements	Evidences
1	Approach and halter horse, lead horse out of stall, lead back to stall, remove halter and exit. If cross ties are used, safety an important factor. Applicant to be observed for safety leading the horse out to the riding ring, ability to halt the horse, handling of reins.	Riders must enter the stall, approach the horse/pony safely and put the halter on. Riders are to lead the pony or horse out of the stall properly, turn it correctly, take the horse/pony back into the stall and remove the halter. A lead line with or without chain should be attached correctly and the rider must not lead the horse without a lead attached.
2	Tack up the horse (with assistance).	Riders should attempt to tack up. Evaluators may assist but must be directed by the student.
3	Describe the color of the candidate's own horse.	
4	How and what to feed as a treat.	Riders must demonstrate how to feed a treat and what types of foods are best to offer as treats. Riders may feed the treat by hand or use the feed tub (Rules may differ as per stable policy).
5	Carry tack to tack room area, put up bridle in figure 8. Discuss cleaning the bit.	Riders must put the bridle up in a figure of eight arrangement. Riders need not polish the bit but be aware that the bit should be rinsed to rid it of any dirt that may harden and become uncomfortable for the horse the next time it is used.
6	General Impression: Presentation of candidate, overall confidence and awareness of safety.	

B RIDING PHASE		
No.	Requirements	Evidences
1	Mount and Dismount <ul style="list-style-type: none"> Mount in the correct, safe manner. Dismount, run up stirrups, reins overhead, lead in hand. 	Mounting (from ground or block).
2	Tack Adjustments Pre-Mounting - Adjust stirrups from ground, tighten girth, and put reins overhead.	Assistance allowed with adjustments at this level.

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	While mounted - Adjust girth, stirrups while reins are held correctly.	
3	Position at walk and rising trot.	Riders at Level 1 should not be balancing on the horse's mouth. Hands should be independent at walk. The use of a neck strap in the absence of a standing martingale (neck strap) is allowed to be used periodically at the trot. Contact is applied to stop, turn and slow down, reins are then returned to an inactive state.
4	Drop and retake stirrups at walk.	Upper body should remain still, practicing independent use of legs.
5	Transitions, Diagonals: <ul style="list-style-type: none"> • Change rising diagonal when asked. • Transitions. 	Riders at Level 1 should be able to change their diagonals when asked but may not necessarily know if they are rising on the correct diagonal. Transitions: halt /walk, walk /halt, walk/trot: trot/walk.
6	Figures: <ul style="list-style-type: none"> • Turn down centerline at walk. • Across the school in walk. • Long diagonal in rising trot. • Identify direction of travel (i.e. left rein, right rein). 	Look for awareness and use of arena figures.
7	General Impression: <ul style="list-style-type: none"> • Overall authority, safety and confidence, rider conduct, ability to maintain safe riding distance in ride formation. • Applicant turnout and horse presentation. 	Safety, knowledge of aids and a willingness to learn about the horse/pony should be emphasized at this level.