

## 2022 Coaching Symposium

*(Non-Certified Coaches/Industry Professionals/General Public Registration)*

Dates: November 12<sup>th</sup> and 13<sup>th</sup>, 2022

Location: Moose Jaw Exhibition Company

\*SHF/PTSO membership required to attend

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City & Prov \_\_\_\_\_

Postal Code: \_\_\_\_\_

Email: \_\_\_\_\_

Phone Number: \_\_\_\_\_

SHF Number: \_\_\_\_\_

Dietary Restrictions (if any): \_\_\_\_\_

*\*This event is fully catered each day which is already included in the registration cost\**

Describe your involvement in the equine industry: \_\_\_\_\_

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- Single Day – Saturday November 12th, 2022 - \$175.00 (5% GST \$8.75 and 6% PST \$10.50)**  
**TOTAL \$194.25**
- Single Day – Sunday November 13th, 2022 - \$175.00 (5% GST \$8.75 and 6% PST \$10.50)**  
**TOTAL \$194.25**
- BOTH DAYS November 12th and 13th, 2022 - \$225.00 (5% GST \$11.25 and 6% PST \$13.50)**  
**TOTAL \$249.75**

**REGISTRATION FORM and FULL PAYMENT DUE BY: Sunday November 6<sup>th</sup>, 2022 Midnight**

Mail: SHF Office – 300-1734 Elphinstone St. Regina, SK S4T 1K1 or Fax to 306-525-4041 or

Email to [technicaldirector@saskhorse.ca](mailto:technicaldirector@saskhorse.ca). If you have questions call 306-780-9490

**All Fees are Non-Refundable**

- Payment by Cheque / Cash in the amount of \$ \_\_\_\_\_ enclosed  
Please make cheque payable to: Saskatchewan Horse Federation
- Payment by E-transfer will be sent in the amount of \$ \_\_\_\_\_  
Email to [technicaldirector@saskhorse.ca](mailto:technicaldirector@saskhorse.ca) (please use your SHF# as your security answer)
- Payment by Credit Card (Visa / Master Card Only) in the amount of \$ \_\_\_\_\_

Card Number: \_\_\_\_\_

Expiry: \_\_\_\_\_ CSV: \_\_\_\_\_

Card Holder Name (print): \_\_\_\_\_

Authorizes Saskatchewan Horse Federation to charge his/her/business credit card \$ \_\_\_\_\_ as indicated above.

Signature: \_\_\_\_\_

**About the Coach Symposium:**

Join us for our exciting second SHF Coaching Symposium. SHF is dedicated to providing top of the line professional development opportunities to its membership. This particular weekend will be filled with one of a kind professional development geared towards instructors/coaches/trainers/industry professionals. Whether you are a certified instructor/coach or not, we want to welcome you to join us for this educational weekend aimed at providing relevant industry information specially designed in a format that coaching professionals can relate too. Our fantastic industry presenters are excited at the opportunity to help elevate coaching knowledge and standards to benefit everyone.

**About the Presenters:**

**Janelle Bruce** – In April 2021, Janelle Bruce joined EC as Coordinator, Sport Licenses and Competitions. Janelle provides support for all French inquiries pertaining to Sport Licenses, Horse Recordings or general inquiries. She is also the primary point of contact for coaching inquiries, providing help and guidance to those applying for a Coach Status and reviewing their applications. Janelle looks forward to contributing to the future development of equestrian sport through the Coach Status Program.

Janelle has experience as a stable manager, coach and competitor. After five years in insurance and 10 years in retail, Janelle decided to change course and give back to the equestrian community through EC.

***Danielle Yaghdjian*** –Danielle Yaghdjian has been a professional in the horse industry since 1988. She is an Equestrian Canada certified coach, Master Coach Developer and a Master facilitator for Equestrian Canada’s fundamental program, Rookie Riders.

In 2012 Danielle won the Pro Chaps Coaching Excellence Award for Equestrian Canada as well as the Coaching Leadership Award. In 2014 Danielle won the Equestrian Canada Coach Developer Award for Program Delivery as well as the National Coaching Certification Program Community Coach Developer Award and in 2018 she won the National Coach Developer of the Year Award.

Danielle, along with her husband, Gary and daughter Emily, own and operate Pickering Horse Centre in Claremont, Ontario. The Pickering Horse Centre is a 50-horse facility offering a riding school with up to 150 students weekly, horse boarding, and summer camps. In addition, the facility is host to 16 horse shows each year, including Trillium Hunter/Jumper shows, OEF Skills Development, NRHA Reining Shows and numerous club level shows.

Danielle has served as Zone rep for the Central East Trillium, as well as sitting on numerous coaching committees. She is currently the chair of the Equestrian Canada National Coaching Technical Committee.

***Tracy Dopko*** – Tracy is an accomplished rider, breeder, and trainer. She is an FEI, USEF, and Equestrian Canada Senior judge & steward and sits on various equine committees in both Canada and the United States. Tracy and her husband own and operate Daventry Equestrian just west of Edmonton, Alberta and focus on breeding, training and showing hunters, dressage horses and Welsh Cobs.

***Jody Busch*** - Jody Busch trains horses and teaches lessons and clinics out of Saskatoon, SK. Jody is passionate, maybe even nerdy, about behavior and learning theory and how it relates to training horses and teaching students (also dogs, children, spouses and anything that is alive and can learn). Jody sees “bad” behaviors as challenging puzzles and tries to help people see behaviors through the lens of learning.

**Saskatchewan Sport Medicine and Science** – The Sport Medicine and Science Council of Saskatchewan (SMSCS) is made up of groups and individuals who provide medicine and science programs and services to athletes and coaches across the province.

## 2022 Coaching Symposium Schedule

*\*\*Subject to change\*\**

### Saturday November 12<sup>th</sup>, 2022

*Session #1 8:30am – 10:30am (2hr)*

#### **Long Term Equestrian Development – Danielle Yaghdjian**

This workshop will provide participants with an explanation and exploration of ‘What is LTED’ and where it applies to both athletes and coaches. Participants will learn that the LTED Framework encourages an athlete-centered approach to equestrian development including the four guiding principles of a **Quality** experience, **Optimal** programming, **Inclusion** of all participants and the **Collaboration** of all individuals.

10-minute break

*Session #2 10:40am – 12:10pm (1.5hr)*

#### **EC Coach Status Program – Janelle Bruce**

Equestrian Canada (EC), in partnership with the Provincial/Territorial Sport Organizations (PTSOs) is dedicated to providing coaches and instructors with the necessary tools to make the equestrian experience safe and enjoyable for all participants, horse and human, and to develop excellence in horsemanship.

The EC Coaching Program currently encompasses two programs that work in tandem: the Coach Status Program and EC/NCCP Coach Certification.

The Coach Status program is at the heart of EC’s commitment to Safe Sport and the Responsible Coaching Movement to recognize and identify active coaches within the equestrian community.

*12:10pm – 12:50pm – LUNCH (provided)*

*Session #3 1:00pm – 2:30pm (1.5hr)*

#### **Sport Psychology for Coaches – Sask Sport Medicine and Science**

Mental strategies that contribute to coaches and athlete overall success.

10-minute break

*Session #4 2:40pm – 4:40pm (2hr)*

#### **Proper Lunging Technique – Danielle Yaghdjian**

This workshop will cover all lunging as it pertains to the Equestrian Canada’s Learn to Ride, Rookie Riders and Coaching programs. Demonstrations will focus on teaching a student on a lunge line (Instructor), teaching a student how to lunge (Competition Coach) and improving the performance of the horse on the lunge line (Competition Coach Specialist).

End of First Day Wrap-Up 4:40pm to 5:00pm (20 minutes)

## **Sunday November 13<sup>th</sup>, 2022**

*Session #1 8:30am – 10:30am (2hr)*

### **Equestrian Canada Learn To Ride Program – Danielle Yaghdjian**

EC's Learn to Ride programs are available in English and Western Disciplines. This workshop will cover the logistics of the rider levels and how it benefits riding school programs, coaches and students.

10-minute break

*Session #2 10:40am – 12:10pm (1.5hr)*

### **Equine Health and Welfare and Coaching – Tracy Dopko**

Coaches and trainers have the ability to influence equine welfare best practices used by their students. Equine welfare can be challenging as we have different perspectives and our responses to various issues can often be emotional. The main topics of this presentation focus on the Five Freedoms, emergency plans, biosecurity, heat indexes, transportation, and the new noseband rule recently launched by Equestrian Canada. Understanding and teaching these best practices helps ensure equine athletes are healthy and happy.

*12:10pm – 12:50pm – LUNCH (provided)*

*Session #3 1:00pm – 2:30pm (1.5hr)*

### **Learning Theory for Athlete and Equine – Jody Busch**

Jody will present an overview of basic learning theory including classical conditioning, operant conditioning and systematic desensitization. She will discuss how to understanding these things can lead to more effective training and coaching.

10-minute break

*Session #4 2:40pm – 4:40pm (2hr)*

### **Analyze Performance – Danielle Yaghdjian**

Analyzing Equestrian Performance teaches the equestrian instructor and coach how to correct skill errors in performance while teaching a lesson. Coaches will follow a basic framework to detect common errors and prioritize them for correction using live demonstrations of horses and riders.

Event Wrap-up

4:40pm – 5:00pm (20 minutes)

Laurel Golemba / Saskatchewan Horse Federation Technical Director

***Thank you for attending and safe travels home!***