

## 2024 Coaching Symposium

(Coaches with: EC/NCCP/EC Coach Status/Vault Instructor/CanTRA/International Trainer Passport)

Dates: November 2nd and 3rd, 2024

Location: Moose Jaw Exhibition Company – Golden Mile Arena

\*SHF/PTSO membership required to attend

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City & Prov \_\_\_\_\_

Postal Code: \_\_\_\_\_

Email: \_\_\_\_\_

Phone Number: \_\_\_\_\_

SHF Number: \_\_\_\_\_

Dietary Restrictions (if any): \_\_\_\_\_

*\*This event is fully catered each day which is already included in the registration cost\**

Are you an EC/NCCP Certified Instructor/Coach?  Yes  No

If yes; what EC/NCCP Certification do you hold? \_\_\_\_\_

If no; are you interested in becoming an EC/NCCP Certified Instructor/Coach?  Yes  No

Other Certification I hold (Please list) \_\_\_\_\_

**Single Day – Saturday November 2nd, 2024 - \$125.00 (5% GST \$6.25)**  
**TOTAL \$131.25**

**Single Day – Sunday November 3rd, 2024 - \$125.00 (5% GST \$6.25)**  
**TOTAL \$131.25**

**BOTH DAYS November 2nd and 3rd, 2024 - \$200.00 (5% GST \$10.00)**  
**TOTAL \$210.00**

**REGISTRATION FORM and FULL PAYMENT DUE BY: Sunday October 27th, 2024 Midnight**

Mail: SHF Office – 300-1734 Elphinstone St. Regina, SK S4T 1K1 or Fax to 306-525-4041 or

Email to [technicaldirector@saskhorse.ca](mailto:technicaldirector@saskhorse.ca). If you have questions call 306-780-9490

**All Fees are Non-Refundable**

Payment by Cheque / Cash in the amount of \$ \_\_\_\_\_ enclosed

Please make cheque payable to: Saskatchewan Horse Federation

Payment by E-transfer will be sent in the amount of \$ \_\_\_\_\_

Email to [technicaldirector@saskhorse.ca](mailto:technicaldirector@saskhorse.ca) (please use "coach" as your security answer)

Payment by Credit Card (Visa / Master Card Only) in the amount of \$ \_\_\_\_\_

Card Number: \_\_\_\_\_

Expiry: \_\_\_\_\_ CSV: \_\_\_\_\_

Card Holder Name (print): \_\_\_\_\_

Authorizes Saskatchewan Horse Federation to charge his/her/business credit card \$ \_\_\_\_\_ as indicated above.

Signature: \_\_\_\_\_

**About the Coach Symposium:**

Join us for our highly anticipated third SHF Coaching Symposium. SHF is dedicated to providing top of the line professional development opportunities to its membership. This particular weekend will be filled with one of a kind professional development geared towards instructors/coaches/trainers/industry professionals. Whether you are a certified instructor/coach or not, we want to welcome you to join us for this educational weekend aimed at providing relevant industry information specially designed in a format that coaching professionals can relate to. Our fantastic industry presenters are excited at the opportunity to help elevate coaching knowledge and standards to benefit everyone.

## 2024 Coaching Symposium Schedule

*\*\*Subject to change\*\**

### Saturday November 2nd, 2024

#### *Session #1*

#### **NCCP Manage a Sport Program – Ruth Allum (Master Coach Developer)**

As coaches begin to take on more responsibility, they are expected to plan and execute tasks that extend beyond the delivery of daily training and the management of the daily training environment.

The NCCP Manage a Sport Program module provides coaches with the opportunity to plan and interact with program budgeting, setting staff and team expectations, arranging team travel, building athlete agreements, and reporting on athlete/team progress.

This module is perfect for any club head coach, provincial team coach, aspiring team manager, or technical administrator.

After completing the NCCP Manage a Sport Program, you will be able to:

- Manage administrative aspects of the program and oversee logistics.
- Manage staff roles and responsibilities.
- Manage camp and tournament finances and travel.
- Report on athlete progress throughout the program.

*LUNCH (provided)*

#### *Session #2*

#### **Rider Biomechanics – Jenifer Parks / Equiletics**

Mind & Body, Horse & Rider

Combining the principles of exercise and behavioral physiology to improve horse and rider relationship and enhance performance.

#### *Session #3*

#### **Lesson Horse Baseline Testing – Ruth Allum (High Performance Eventing Coach)**

Establishing your lesson horses' baseline to help identify potential health concerns early.

## **Sunday November 3rd, 2024**

### *Session #1*

#### **Lesson Plan Recipes – Ruth Allum (Master Coach Developer and High-Performance Coach)**

Through breakout group activities. We will learn multiple creative ways to teach horsemanship/riding skills.

### *Session #2*

#### **Saddle Fitting – Krystl Raven**

Learn to help fit English and Western Saddles to horse and rider

*LUNCH (provided)*

### *Session #3*

#### **Teaching Hoof Care Basics – Norm Kohle**

How to teach hoof care basics to your students/clients

### *Session #4*

#### **Introduction to New EC Learn to Program – Ruth Allum (Program Developer with Helen Richardson)**

Symposium attendees will be some of the first people to learn about the new and improved EC Learn to Program.

Event Wrap-up

***Thank you for attending and safe travels home!***